Career Control for Researchers
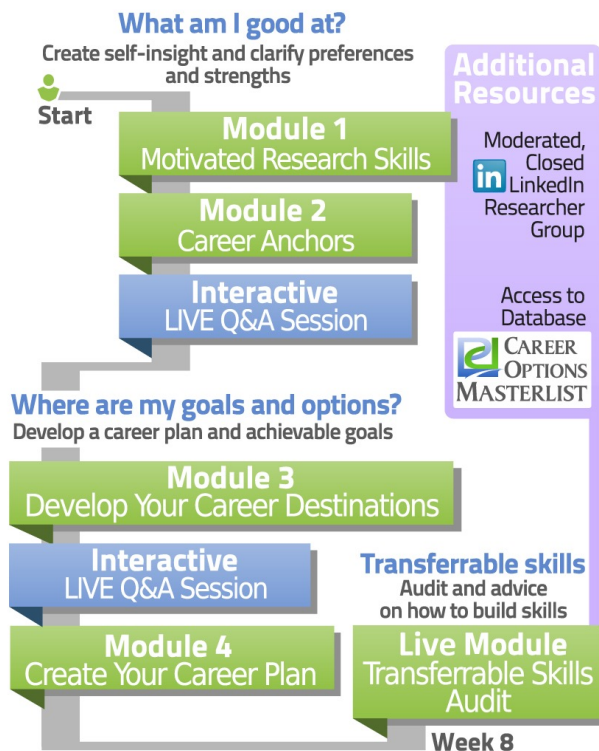## A program by PostdocTraining

SUMMARY OF COMPONENTS

- 4 online modules spaced over 8 weeks, in text and audio formats (1½-2 hours each to complete)

- 2 live, facilitated webinars for career planning-related Q&A, led by PostdocTraining

- Additional final live module for all participants on transferrable skills, led by PostdocTraining

- Access to a wide-ranging *Masterlist* of career options for people with research backgrounds, using case studies

- Voluntary matching with other PhD candidates at the same institution to encourage career-related peer discussions

- Opportunity for all participants to join a LinkedIn career development forum moderated by PostdocTraining

- Open-ended access to course material, webinar recordings and the *Masterlist*, as ongoing support for participants' career planning and development.

What am I good at?
Create self-insight and clarify preferences and strengths

Start

Module 1
Motivated Research Skills

Module 2
Career Anchors

Interactive
LIVE Q&A Session

Additional Resources

Moderated, Closed LinkedIn Researcher Group

Access to Database

CAREER OPTIONS MASTERLIST

Where are my goals and options?
Develop a career plan and achievable goals

Module 3
Develop Your Career Destinations

Interactive
LIVE Q&A Session

Transferrable skills
Audit and advice on how to build skills

Module 4
Create Your Career Plan

Live Module
Transferrable Skills Audit

Week 8

What participants say about Career Control for Researchers (all comments 2016-19)

"I got a lot out of the programme, it was easy to do, flexible, didn't take up much time in the week and was very insightful! I would highly recommend to anyone wanting to learn more about their strengths, weaknesses and future work directions."

"Your course was fantastic, it helped me so much at a moment when I was totally puzzled about what to do next."

"Provided an opportunity for me to overview my working life from a 10,000 ft height. It made me think deeply about the real motivation of my life and helped me crystallize my career goals. More importantly, it showed me alternative career pathways and helped me map out a detailed action plan step-by-step toward my goals."

"Extremely useful information on how to start planning a clear career pathway post PhD/postdoc. Great interactive sessions to ask questions and listen to tips on how to network effectively, prepare job applications, etc."

"The step by step pace led to some in-depth soul searching and helped me focus on what I am good at. I have totally changed my expectations of career post-doc and feel very relieved that there are a lot more options out there for when I finish."

"The course also gives a hopeful and inspiring perspective on life as a PhD. Apart from general observations and statistics, the enormous batch of cases in the Career Options Masterlist is one of the top features of the course."

"We do not often stop to really look at ourselves diagnostically and see where we best fit in the world. The course reminded me that there is no shame in not feeling a particular, pre-defined path is the best for me - I need to follow my career anchor. I would recommend it because there are too many stressed/depressed researchers in the world who have not taken time to map a fulfilling career."

"This needs to be an integrated part of any RHD (research higher degree) programme. In a fast changing world, academics/researchers need to be aware of their transferable skills to be able to match them with the world beyond academia."